



Suicide is preventable. Washington County is part of the Zero Suicide Initiative, a commitment to suicide prevention in health and behavioral health care systems. It is based on work done at the Henry Ford Health System in Michigan and other organizations that have achieved zero suicides among their health plan members.

The Suicide Prevention Council, established in 2013, is made up of members including mental health providers, first responders, educators, the faith community, National Alliance on Mental Illness, hospitals, survivors law enforcement and others. Trainings are available to help identify those at risk of suicide and help them connect to needed supports.

**For immediate assistance,
please call 911.**

We want to help, please call.

Other crisis resources:

Washington County Crisis Line

For 24 hour intervention and crisis support
503-291-9111

National Suicide Prevention Lifeline

English 800-273-8255 | Spanish 888-628-9454

Alcohol & Drug Helpline

800-923-4357

Domestic Violence Crisis Line

503-469-8620

Veterans Crisis Line

Dial 800-273-8255 Press 1 or text to 838255

Oregon Youth Line

Teen peer support for other teens
877-968-8491 or text TEEN2TEEN to 839863



MENTAL HEALTH RESPONSE TEAM

*Helping Those in Need
with Compassion and Care*



Mental Health Response Team



MHRT is a collaboration between Washington County Mental Health and the Washington County Sheriff's Office. The team is comprised of Washington County Sheriff's Office deputies and mental health clinicians. They respond together in a caring and compassionate way to those in crisis or in need of emergency or non-emergency mental health services anywhere in Washington County.

This team benefits from the rapid response abilities provided by the Sheriff's Office and the specialized skills of the clinician. Deputies who participate on this team receive specialized Crisis Intervention Training (CIT) to help those in crisis. The team is available seven days per week from 11 a.m. to 11 p.m.

To request the support from the Mental Health Response Team, please call Non-Emergency Police Dispatch at 503-629-0111.

For Non-emergency e-mail contact: WCSO_MHRT@co.washington.or.us

When to call for help?

If you or someone you know exhibits any of the following:

- Thoughts of suicide, serious depression or other mental health concerns
- Feelings like wanting to hurt yourself or others
- Increased mental health symptoms making it difficult to attend to work, school or home
- Exposure to a traumatic event and having difficulty coping
- Disorganization making it difficult to seek shelter, food or attend to basic needs

If you are experiencing a life-threatening emergency, call 911 immediately.

Washington County Crisis Team

The Washington County Crisis Team is staffed with master level clinicians who are able to rapidly see individuals in crisis either in the community or in their office. The team is able to provide both one-time crisis intervention as well as brief follow-up services after the initial crisis.

The program is operated by LifeWorks NW, a local community mental health provider agency. Services include:

- In-person crisis intervention
- Information and referral to community treatment providers
- Evaluation of the need for a mental health hold to transport an individual in crisis to a local hospital for further evaluation
- Short term transitional treatment and case management
- Referral to addictions treatment



WASHINGTON COUNTY
OREGON

